





## **RUSSIAN HANGING SKITTLES**

Hanging bowling is played in many modifications in all European countries. International competitions are organized for everyone, disabled players included.

### History

Russian hanging skittles is a game on the border between sport and entertainment. Its popularity in Europe has not waned for more than a century. It is most often played in the open air, today in recreation centers, restaurants or pubs, but also on municipal playgrounds or parks. However, it can be placed in a private garden, under the roof in a clubhouse, gymnasium, or multi-purpose sports hall.

In the world, this game is also called hanging skittles, Swedish skittles, or outdoor skittles.

### **Description of the game**

Russian or hanging bowling (Russian hanging skittles) is a board game that is usually played in the open air in the garden, on the playground or in the park, it can also be played in the gym or clubhouse. The device consists of a simple stand approximately 2 meters high (its shape resembles a small gallows). On this stand, a hard playing ball is hung on a rope or firmly tied, most often a wooden ball (it can also be plastic). Under the stand, there is a horizontal board measuring  $50 \times 50$  centimeters, on which 9 pins



are placed (in a regular square arrangement of  $3 \times 3$ ). Players can play both individually and in teams. The game is also suitable for the physically handicapped.

Wooden Russian skittles are 30-35 cm high and weigh 570 g each. The weight of the wooden ball is 620 g. The cones and balls are made of hard beech wood with a lacquered surface finish. The stand is usually metal and galvanized.



## **Rules of the game**

Russian or hanging skittles is a board game, not a sports discipline. Not necessary strict adherence to written rules. Each company can agree on the rules of the game in advance so that it is suitable for the age and number of players.

Hanging pins can be played by two or more players. The number of series of rolls in one game is not restricted. Each team of players can choose any number of series of the game. It is advisable to determine.

So many series that the game is not lengthy and has a proper momentum.

The player stands or sits about 1.2 to 1.4 meters from the stand, grabs the tethered ball in his hands, which he then releases so that the ball tethered to the hinge swings and describes an arc. When swinging backwards, the ball must hit the standing pins from behind (a direct impact from the front is not valid) and the player must catch it so that it does not knock down other pins. The player's task is to knock down as many pins as possible, just like with classic skittles or bowling. Each player has three throws to knock down the pins. The first throw is to the fully placed pins, the other



# **Current status**

In many European countries, federations and associations are established to promote this game. The goal is to unify the rules and create a unified concept for organizing international competitions. Sport is not physically demanding or poses safety risks, so it is becoming the choice of larger cities for placement in city parks and relaxation zones.

## Socio-cultural aspects and traditions

Due to the low cost of purchase, the game is becoming increasingly popular among recreational and disabled athletes.

Russian skittles gives the opportunity for healthy and disabled players to compete against each other in one game.

Many European countries are organizing national competitions for people with disabilities where the player just needs an assistant to prepare skittles for a new turn.

People with visual impairments need assistance to identify the correct direction of release.

Contact : https://www.ruske-kuzelky.cz/



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